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For Immediate Release: 29 Ways to Walk, Bike, Run - 29 Days of Leap Year Fun

It's Leap Year and that means February has an extra day for exploring Brevard County's wealth of outdoor amenities and activities. Enchanting hiking trails, challenging exercise courses, stroller-friendly walkways, and scenic waterways are just a few of the ways residents and visitors can walk, bike, run, and discover pathways to some of Brevard's County's most beautiful sites.

From easy to strenuous, across all ages and abilities, Find Your Path features 29 pathways offering a full month of Leap Year fun in February. Many of the pathways are one mile or less, and a number of them can be combined for more challenging experiences. Nearly all of them are free.

There are six downtown pathways that include shopping, dining and art. Over 20 park pathways are highlighted, many of which include picnic tables, playgrounds, additional trails and even one with an outdoor heated swimming pool. Families with young ones will appreciate that 19 options are stroller-friendly, and nearly all are appropriate for children of all ages.

Road cycling and mountain biking are featured at 10 locations, from scenic rides by the Indian River Lagoon to sand surface trails through the wilderness. Canoeing, kayaking and paddleboarding are offered at four of the highlighted pathways. See animals and wildlife on 24 of the outings or learn about history at eight fun spots. Many of the choices are wheelchair accessible and encourage those with low mobility to explore. There is something for everyone, so leap into a new adventure during February on the Space Coast.

About the Pathways Project

These 29 featured pathways were developed as part of the Space Coast Pathways Project. Community partners are working together to identify and map walking, bicycling, and paddling options throughout the county that will be available to the public through an interactive online guide. The Space Coast Transportation Planning Organization is sponsoring the project to provide transportation connections for residents and visitors, to increase access and mobility for all users, and to ensure the safety and security of non-motorized travelers.

For more information on the Space Coast Transportation Planning Organization

Website: spacecoasttpo.com

Facebook: <https://facebook.com/SCTPO>

Twitter: <https://twitter.com/SpaceCoastTPO>

YouTube: <https://www.youtube.com/channel/UC8viQREkGzZpOxwm7EMyPIw>